

EMERGENCY INFORMATION

CALLING CAMP

The camp office is OPEN from 8AM-5PM each day. If no one is available to take your call, please leave a detailed message on the ANSWERING MACHINE and someone will return your call. 978-448-5763.

IMPORTANT

If you are to be AWAY from home during your camper's stay at camp, please inform the nurse or the camp office where you may be REACHED.

MEDICATIONS & ILLNESS:

There is a NURSE on duty at the camp. All medications must be ADMINISTERED by the nurse and come in their original pharmacy containers. Parents will be NOTIFIED in case of SERIOUS illness or injury.

EMERGENCY PROCEDURES

All staff members are TRAINED in the execution of emergency plans for first aid and natural disasters.

MAIL:

Campers love to receive mail. Address mail to: Camper's Name, Camp Session, Grotonwood Camp, 167 Prescott St., Groton, MA 01450

(Please DO NOT send food packages)

EMAIL:

ONE (1) email PER DAY may be sent to your camper at camper@grotonwood.org. Please write the camper's name in the MEMO LINE so that we deliver it to the right camper! Please respect the LIMIT, as we incur cost to print out emails. Thank You.



THE INFO!

SPENDING MONEY: All spending money is deposited in the store bank until the end of the session when refunds are given. Twenty dollars is the recommended amount to deposit per week, more if clothing or specialty items will be purchased. The camp store has snacks, drinks, gift items, and camp clothing and will be open daily.

TELEPHONE NUMBER: Please make all phone calls (emergency or inquiries) to the camp office at 978-448-5763. Visits or personal phone calls to or from campers are discouraged, so your child may fully participate in the camp program.

INSURANCE: Grotonwood has accident and sickness insurance (including any ambulance transportation which may be required) for the first \$250 of a claim. Amounts over \$250 are the responsibility of the individual's primary insurance.

RULES: Smoking, alcohol, illegal drugs, knives, cell phones, radios/TV's/CP players, laptops, iPads, etc. ARE NOT ALLOWED. Clothing should be modest (1-piece modest bathing suits for girls, board/boxer style swim trunks for boys; no midriff shirts, no underwear showing -- boys and girls). Thank you for your cooperation with these simple rules.

CAMP ENDS on SATURDAY MORNING, with pick-up between 9-10 a.m. Check your confirmation letter for more information.

GROTONWOOD CAMP & CONFERENCE CENTER

2015

Informational Guide to a Great Summer Camp Experience



GROTONWOOD

167 Prescott St.

Groton, MA 01450

978-448-5763

978-448-0025 (FAX)

office@grotonwood.org

www.grotonwood.org

Hey Camper!

We are very excited that you will soon be spending a week of camp at Grotonwood! Along with this informational piece, you should have received:

1. A **COVER LETTER** indicating which camp session you will be attending and your current balance due. It also provides the remaining steps you need to follow to be ready for your week of camp.
2. A **HEALTH FORM** to be completed by your parent/guardian and your doctor.

We are looking forward to a great summer and cannot wait for you to join us! If you have any questions, feel free to call the camp office! See you SOON!



PACKING LIST

As you pack, keep in mind that days may be very hot and evenings quite cool. Pack enough for six days, as no laundry will be done for 1-week campers.

- * **SHORTS, T-SHIRTS, and JEANS** are staples of a camper's wardrobe. Shorts may be preferred, but long pants will be appreciated on cool nights.
- * Sufficient **SOCKS** and **UNDERWEAR** for the week.
- * Comfortable, durable **SHOES/SNEAKERS** are a necessity. A **SECOND PAIR** will also be a great help. Consider bringing sandals for the beach.
- * We'd like to think it's not necessary, but bring a **RAINCOAT or PONCHO**, just in case.
- * For those cool evenings, pack a **SWEATSHIRT, SWEATER, or LIGHT JACKET**.
- * **PAJAMAS/SLEEPWEAR**...one pair of warm ones and one pair of lightweight.
- * Don't forget your **BEDDING**. You will need your **SLEEPING BAG** or **SHEETS AND BLANKETS**, plus your **PILLOW** and **PILLOWCASE**.
- * Two **MODEST BATHING SUITS** (1-piece for girls, and boxer/board style for boys) and **BEACH TOWELS**.
- * **SUNSCREEN (SPF 30)** and **INSECT REPELLENT** will also help to insure a pleasant week. You may also want to bring a **HAT** of some type to shade your head.
- * A labeled **LAUNDRY BAG** will make coming home with all of your stuff easier. NOTE: Trash bags all look alike, and are often confused on the final day of camp. DO NOT bring a trash bag.
- * Pack a variety of **TOILETRIES** including soap, toothbrush/toothpaste, shampoo, deodorant, comb/brush, face cloth and towel, tissues, lip balm, and anything else to keep yourself "nice to be near."
- * Don't forget to bring your **BIBLE** with you. Be sure it has your name in it. You will use it, guaranteed. A small notebook, and a pen might be helpful as well.
- * Other useful things you should bring: a **FLASHLIGHT** and extra batteries; **DISPOSABLE CAMERA** (please write your name on it); pre-addressed and stamped **ENVELOPES** and **STATIONERY** to write letters home; and perhaps a **BOOK** to read during rest time.
- * **BE AWARE that we desire that your CLOTHING be modest (no spaghetti-strap shirts; no short, skimpy shirts; no short shorts; no pants or shirts that show any underwear; nothing advertising drugs, alcohol, or evil/demonic things. If you have a question, leave it home or call the camp office.**
- * **PLEASE DO NOT BRING:** Weapons of any kind, CELL PHONES, iPods, CD players, Game Boys, other electronics (including iPads and Laptops), FOOD (treats may be purchased from our camp store). These items will either be sent back home, OR confiscated for the week if you bring them. SO, just leave them at home. Thanks.